

# Introduction to the Blog and Monographs

This blog conveys a series of entries in my journals of clairvoyant experiences, from February 6, 2016, to the present. I attended, in my capacity as a scribe, meetings held in spiritual worlds, initiated by Edgar Mitchell, the sixth astronaut to walk on the moon (Sept 17, 1930 – Feb. 4, 2016) and a group discarnate humans and interstellar beings.

I, Kienda Valbracht, am the living human scribe. I faithfully reproduce the notes of the meetings, occasionally adding (my two cents) in parenthesis or otherwise clearly marked ways. We on the team are all individuals, here by our own choices. We all speak for ourselves and our own experiences, and only occasionally refer to organizations to which we belong. None of us are on this team as a representative of any organization, government, or group.

The footnotes, references, monographs, and occasional blog entries, are a collection of my journals and selected writings, from 2009 to 2016. I have gathered up the entries on specific subjects, for those interested in particular areas. There has been only a bit of editing and additions to clarify; otherwise, the information is as it came. I have left it in this form so that the Gentle Reader may experience the progression of the thoughts, insights, and inspirations. The spiritual world is unfolding, even as life on Earth is changing and evolving. Most of my spiritual research, recorded in the journals, is tracking the changes and the messages from the super-sensible realms on a number of different subjects.

The "" (quotation marks) indicate that the enclosed words are heard spoken directly from spiritual beings in spiritual realms. Whole paragraphs are sometimes included. My own thoughts and elaborations, receive no such marks, unless it is a direct question or conversation with a spiritual being. Some of the realms are inhabited by a variety of beings, both super-sensible and physical. They go by many names: Angels and the whole hierarchy of creation, Elementals, Extra-Terrestrials, and human beings both living and dead.

I feel the need to explain how I came to have such communications with spiritual and extraterrestrial beings, and to research questions in non-physical dimensions. I had a near-death experience at birth which was recovered when I was in my 40s, which explained my early spiritual experiences, and the fact that I did not forget them as I grew older. I have meditated and prayed since my teens,

done yoga and tai chi for forty years, studied the esoteric since the 60s, and Anthroposophy, the work of Rudolf Steiner since the 70s.

My meditative life went through many permutations until the day in 2000, when a particularly complex geometric form became a vehicle for entry into spiritual realms. It was dubbed “the Cadillac of Astral Projection Machines” by Rudolf Steiner, himself, when we first entered the etheric space within Mt. Shasta.

Before 2000, the explorations and research in spiritual realms mostly came by grace and circumstance. Since then, I have consciously traveled to a number of star systems and dimensions in the Caddy, and actively sought answers to specific questions and issues. Many monographs and four books (*Aberrations in Heaven and Hell: When LIFE impinges Upon Death*, the sequel to *Lucid Death*; *The Dragon Quintet*; *Tulku Tales from India*; and *Lessons from Mt. Shasta and the new Jerusalem*) are the result.

I simply advise an observational, open mind to read and receive the information. Then I suggest discerning reflection and a modicum of logical, sequential thought to process the information, in order to come to an understanding appropriate for each individual’s unique destiny needs. Existence is a puzzle, and we all have a few pieces. I trust that the ones I found will be helpful in your big picture. \* Love \* JOY \* Peace \* Kienda \*